

## TOUR FEES

- ◆ TOUR PRICE: 2,190 euros per person, in double room occupancy. No minimum group participation, maximum group number: 20 people.
- ◆ Initial deposit: 290 euros to confirm reservation. The deposit is non-refundable, unless the tour is cancelled.
- ◆ Final payment: 1,900 due no later than 60 days before tour starting date. In case you won't be able to join the tour for any unforeseeable event, we will refund you the total final payment amount.
- ◆ Single room supplement: 300 euros. 'Single room' is a wider 'double room for single use' at all chosen hotels.
- ◆ Suite room supplement: 650 euros

For any further tour, booking and payment information please fill the form at [www.abruzzotour.com](http://www.abruzzotour.com) or email us to: [abruzzotour@gmail.com](mailto:abruzzotour@gmail.com)

### Our 2011 Food and Wine Tours include:

- ◆ 9 nights hotel accommodation, based on double room occupancy: 5 nights in Pescara at the 4-star Hotel Victoria, 3 nights in Loreto Aprutino at the 4-star Castello Chiola, 1 night in Rome-Fiumicino at either the 4-star Hilton Rome Airport or the 4-star Seccy Hotel. All hotels have fully equipped rooms with private bathroom and shower and many other facilities (check the hotel official websites for all details).
- ◆ Rich continental breakfast daily, both buffet and a la carte.
- ◆ 9 authentic Abruzzese meals - 7 lunches and 2 dinners - based on the best traditional recipes. Lunch is the main meal of the day in Abruzzo.
- ◆ 1 Abruzzese cooking lesson at Lidia's.
- ◆ Wine, cheese and olive oil tasting.
- ◆ All touring as described per day-by-day itinerary.
- ◆ Experienced tour guides and staff throughout the tour. Our local guides have knowledge of the Abruzzo area and of all shopping, cultural sightseeing and dining venues you will be visiting.
- ◆ All transfers by air-conditioned minibus throughout the tour, including airport pick up and drop off with Rome-Fiumicino.
- ◆ Paid entrance inclusive to all activities, sites and museums.
- ◆ Group protection coverage for health, accident and liability by Europ Assistance.

### Our 2011 Food and Wine Tours DO NOT include:

- ◆ Airfares. Contact your travel agent, or buy tickets on your own. Let us know your flight details: we'll pick you up at your flight arrival.
- ◆ Single accommodation (that is a double room for single use), additional charge: 300 euros.
- ◆ Suite accommodation at all hotels, additional charge: 650 euros.
- ◆ Lunch on the day at leisure (Wednesday), and dinners when not expressly mentioned.
- ◆ Personal transport costs (car rental, taxi, trains etc.), phone calls, hotel laundry service etc.
- ◆ Individualized assistance during the day at leisure (Wednesday): contact us long in advance, in case you want to use our guide and transport services: our team has a limited availability.
- ◆ Anything not specified above.

*"Our groups usually have interests in history, art, culture, architecture, food, traditions, crafts and family research. Their ages vary, however most are senior citizens and many have already traveled to Italy's most famous big cities. Our intimate groups, usually around 15 people, will let you find similar friends, while allowing us, your tour hosts, a chance to know you all. All our travelers have the same goal: a desire to understand the culture and customs of the places they visit, while gaining an in-depth appreciation of traditions, cuisine and the Abruzzese lifestyle".*



For more information, please visit:

[www.abruzzotour.com](http://www.abruzzotour.com)

or email us at: [abruzzotour@gmail.com](mailto:abruzzotour@gmail.com)

Abruzzo Tours, by Abruzzo World Club, L'Aquila, Italy

# ABRUZZO FOOD & WINE TOURS 2011



by *Abruzzo World Club*

28 May to 6 June  
1 to 10 October

10 days, 9 nights

[www.abruzzotour.com](http://www.abruzzotour.com)

### Friday (May 27, Sept 30)

Fly from the airport of your choice to Rome-Fiumicino

### Saturday (May 28, Oct 1)

Morning, flight arrivals in **Rome-Fiumicino** airport. Transfer to **Pescara**, settle in at the central 4-star **Hotel Victoria**, time to rest. Welcome meeting, then walking orientation in the center of this dynamic and wealthy city. Dinner at *Locanda da Pia*, to start getting familiar with the foods of the region and your new companions.

*Meals included: dinner*

### Sunday (May 29, Oct 2)

Visit to **Scanno**: walk the old narrow streets of the well preserved village situated in the middle of the intact natural environment of the **National Park of Abruzzo**. This is the birth place of the *presentosa*, a gold filigree medal, a symbol of Abruzzo. Sunday's mass available. Noon meal at *La Posta Pacentrana*. Afternoon, transfer to **Sulmona**, world capital of the *confetti* candies, also famous for being the birth place of the Latin poet Ovid.

*Meals included: breakfast, lunch*

### Monday (May 30, Oct 3)

Visit to the *Montori* winery in **Controguerra**, producing some of the best award winning wines of Abruzzo. Follow experts for an in-depth visit and final wine tasting with snacks. Noon meal based on traditional sea food in **Giulianova** at sea-front *Locanda il Moro*. Afternoon, visit an olive oil farm, located in the gentle hills near **Pineto**, to see the extra-virgin olive oil making.

*Meals included: breakfast, lunch*



*Hotel Victoria, Pescara*

### Tuesday (May 31, Oct 4)

Morning transfer to **Elice**, in the beautiful western hillside area of Pescara, for a visit to the *Pastificio La Mugnaia*, to learn how to make traditional pasta. Following, visit to a nearby factory producing traditional cookies and cakes of Abruzzo. Then, visit to the *Museum of Arts and Traditions of the Farmer* in **Picciano**, contains hundreds of items used or made by Abruzzese peasants.

Noon meal at *Terre e Saperi*, specialized in innovative recipes based on homemade pasta (*mugnaia, pecorara*).

Afternoon, transfer to nearby Città Sant'Angelo, a medieval town overlooking the Adriatic Sea (scenic views!). See also the beautiful San Michele Arcangelo cathedral.

*Meals included: breakfast, lunch*

### Wednesday (June 1, Oct 5)

**Free day.** You may plan with us a visit to the town of your ancestors, make an independent trip in the area, or simply enjoy Pescara with its beautiful sandy beach

*Meals included: breakfast, lunch*



*Hotel Castello Chiola, Loreto Aprutino*

### Thursday (June 2, Oct 6)

Check out from the Hotel Victoria, then visit to the ancient Roman town of **Atri**, with its many treasures of art. See the *Museo Capitolare* and *Santa Maria Assunta* church, with its amazing frescoes. Transfer to *Podere San Domenico* in **Silvi Paese** for an Abruzzese cooking lesson and a traditional meal based on home-grown food and *arrosticini*, spit-roasted meat sticks typical of Abruzzo.

Afternoon, head to **Loreto Aprutino** and check in at your second tour base, the 4-star historical residence *Castello Chiola*. Aperitifs and a special dinner in this centuries-old palace. The castle, itself, is one of the tour highlights!

*Meals included: breakfast, lunch, dinner*

### Friday (June 3, Oct 7)

Drive through the impressive rocky mountains of the **Gran Sasso** until **Campo Imperatore**, a high plateau rightly called *Little Tibet of Italy*. Visit to the cheese making farm *Gran Sasso* at **Castel del Monte**, producing some of the best cheeses of Abruzzo. Cheese tasting. Noon meal in Castel del Monte, chosen in 2009 by George Clooney as the set for his movie *The American*.

Afternoon, transfer to **Castelli**, and see how some of the local finest artisans work in the ceramics laboratories, and which techniques they actually use. Stroll around the many ceramics stores of this nice mountain village.

*Meals included: breakfast, lunch*

### Saturday (June 4, Oct 8)

Visit the beautiful town of **Guardiagrele**, south of Chieti, capital of copper and wrought-iron crafts. See the wonderful church of *Santa Maria Maggiore*, one of the treasures of the region. Inside the town, wherever you look, traces of a rich past appear from walls and houses.

Noon meal at *Villa Maiella*, yearly selected as one of the top-rated restaurants of Abruzzo by major cooking guide books such as *Gambero Rosso* and *Michelin*.

*Meals included: breakfast, lunch*

### Sunday (June 5, Oct 9)

Check out from *Castello Chiola*, then transfer to **Chieti**. With its unmistakable profile with the high bell tower of *San Giustino* against the sky, Chieti was the Roman town of *Teate*, and important medieval centre, that's why walking through the city you see Roman and medieval ruins side by side. Then head to **Celano** for a traditional meal at *Guerrinuccio*, based on meats and mountain cuisine.

Late afternoon, drop off at the 4-star *Hilton Airport* or 4-star *Seccy*, best hotels available in **Fiumicino**, both located at a 10-minute distance from the airport terminals.

*Meals included: breakfast, lunch*

### Monday (June 6, Oct 10)

Hotel check out, go to the airport at your flight schedule.

*Meals included: breakfast*

*These itineraries may slightly change, according to unforeseeable closings, unexpected events or new seasonal options, but always in the travelers' best interest. The general itinerary (included towns and activities) will remain the same.*